

Medical Expense Travel Log

You can claim travelling for medical appointments that are more than 80 km round trip or 40 km one-way. The medical service must NOT be available in your community or within 40km of your home; you can only claim for the travel to the nearest community with the service. Use this sheet to record the details of your travel. AND If more than 80 km one way you can claim one meal and parking and accommodation.

YEAR _____ FAMILY NAME _____

HOME CIVIC ADDRESS _____

Date of Trip	Destination Address	Total km Travelled	Clinic or Doctor's Name	Specialty / Reason for visit	Family Member	Parking <small>if 80km one way</small>	# Meals <small>if 80km one way</small>
Total KM							